

## In Pursuit of Excellence: A Student Guide to Elite Sports Development

**Editors:** Michael Hill

**Bibliographic Data:** ISBN-10: 0415423546, ISBN-13: 978-0415423540, Routledge Publishing, 2007, £21.84, 121 pages, hardcover

**Subjects:** Development of elite sports and current issues of sport in modern times

**DESCRIPTION:** This book is about how it is possible to achieve the excellence in sport in modern times.

**PURPOSE:** To cover the past of competitive sport of today as well as discussing current issues in sport such as drugs. The comparison of elite sporting methods in leading sport countries is also included.

**AUDIENCE:** Students in the field and anybody interested in modern sports especially in the history of it.

**FEATURES:** A comprehensive introduction about the pursuit of excellence in sport, covering the key issues such as the history and tradition of sporting excellence; comparisons of elite high-performance sport programmes in Australia, the USA, East Germany and France; the historical, social, political and economic impacts of sporting excellence in the UK; current issues and debates, including drugs in sport; and the future for high-performance sport.

**ASSESSMENT:** Having a clear framework for understanding and exploring key issues, questions for discussion, websites and suggestions for further reading, "In Pursuit of Excellence" is a helpful source for students and for any person interested in sport and sport-relevant issues.

**Reviewed by:** *Fadil Ozyener MD, PhD, Uludag University Medical School, Bursa, Turkey.*