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**RUNNING HEAD:** Maximum 5 words.

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### INTRODUCTION

### METHODS

### RESULTS

### DISCUSSION

### CONCLUSION

**ACKNOWLEDGMENTS:** Provide information sufficient to identify sources of support, technical assistance, and intellectual contributions not associated with authorship.

**REFERENCES:** Each citation in the text must be noted by surname and year in parentheses and must appear in the reference section as an alphabetic order. Example for citation in the text; a) for single author (Gür, 1999), b) for two authors (Gür and Akova, 2001), c) more than two authors (Gür et al., 2000).

### Journal article:

Akova, B., Sürmen-Gür, E., Gür, H., Dirican, M., Sarandöl, E. and Küçükoglu, S. (2001) Exercise-induced oxidative stress and muscular performance in healthy women: role of vitamin E supplementation and endogenous estradiol. *European Journal of Applied Physiology* 84, 141-147.

### Journal article, article not in English:

Seker-Aygül, Z., Akova, B. and Gür, H. (2001) The relationship of stress and stress management factors with injury in soccer players. *Turkish Journal of Sports Medicine* 36, 71-80. (In Turkish: English abstract).

### Journal article in press:

Gür, H., Cakin, N., Akova, B., Okay, E. and Küçükoglu, S (2002) Concentric versus combined concentric- eccentric isokinetic training: Effects on functional capacity and symptoms in patients with osteoarthritis of the knee. *Archives of Physical Medicine and Rehabilitation*, in press.

### Journal article in electronic format:

Weigand, D.A., Carr, S., Petherick, C. and Taylor, A. (2001) Motivational climate in Sport and Physical Education: The role of significant others. *European Journal of Sports Science (serial online)* 1(4), (13 screens/inclusive page), October. Available from URL: <http://www.humankinetics.com/ejss>

### Abstract:

Gur, H., Şekir, U., Akova, B. and Kucukoglu, S. (2003) A multi-station proprioceptive exercise program in patients with bilateral knee osteoarthritis: functional capacity, pain and sensorimotor function. 8<sup>th</sup> Annual Congress European College of Sports Science, July 9-12, Salzburg-Austria. Book of Abstract. 404.

### Book:

Guyton, A.C. and Hall, J.E. (1996) *Textbook of medical physiology*. 9 th edition. W. B. Saunders Company, London.

### Chapter in edited book:

Wilson, C.H. (1984) Exercise for arthritis. In: *Therapeutic exercise*. Ed: Basmajian, J.V. 4 th edition. Baltimore: Williams and Wilkins. 529-545.

### Thesis:

Özyener, F. (2000) *Effects of work intensity on dynamics of pulmonary gas exchange during exercise in humans*. Doctoral thesis, University of London, London. 79.

### Thesis not in English:

Özer, Ö. (2001) *The effect of muscle exercise to oxygen kinetics in chronic smokers*. Doctoral thesis, University of Uludag, Bursa. 1-54. (In Turkish: English abstract).

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Identify statistical measures of variations, such as standard deviation and standard error of the mean and give the variations in parentheses.

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#### INTRODUCTION

#### METHODS

The systematic review methodology, the protocol used for identifying studies for inclusion into the review and, for assessing the quality and risk of bias of the studies must be given. All systematic reviews (with or without meta-analysis) should address all the items recommended in the PRISMA statement (<http://www.prisma-statement.org/PRISMAStatement/PRISMAStatement.aspx>). A completed PRISMA checklist (<http://www.prisma-statement.org/PRISMAStatement/Checklist.aspx>) and Flow Diagram (<http://www.prisma-statement.org/PRISMAStatement/FlowDiagram.aspx>) should accompany the submission. For details on further use, see the PRISMA Web site (<http://www.prisma-statement.org/>).

#### RESULTS

#### DISCUSSION

#### CONCLUSION

**ACKNOWLEDGMENTS:** Provide information sufficient to identify sources of support, technical assistance, and intellectual contributions not associated with authorship.

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#### INTRODUCTION

**CASE REPORT:** A brief case report including history, physical examination and laboratory findings followed by treatment and outcome.

#### DISCUSSION

#### CONCLUSION

#### ACKNOWLEDGMENT

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Editor-in-chief

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